



CWO
CHESHAM & AMERSHAM

EVENING DISCUSSION WITH DR NIGHAT ARIF



The Chesham & Amersham branch of the Conservative Women's Organisation invite you to join them for an early evening discussion with Dr Nighat Arif at 6pm on Wednesday 6th July at the offices of IBB Law in Chesham

Dr Nighat Arif is a Chesham resident and an NHS GP, with a special interest in women's health and menopause. She is the ambassador of the charity Well-being of Women and raises awareness of Women's health issues in ethnic minority communities. Her candid, authoritative, bite-sized evidence based educational posts on medical matters have attracted millions of views and thousands of followers on social media and her work as a GP has been featured in British Vogue, Good HouseKeeping, Red and Hello! Magazines. Dr Nighat is currently the resident doctor on BBC Breakfast and ITV's This Morning, and she is also the Sunday Breakfast Show presenter on BBC Three Counties Radio.



Come and join us for a glass of wine, an interesting discussion and an opportunity to catch up and network with fellow CWO and CACA members in the historic setting of The Bury, home to IBB Law, our hosts for the evening.

Date: **Wednesday 6th July**
Time: **5:30 for a 6pm start**
Location: **IBB Law, The Bury, Church Street, Chesham, HP5 1JE**

This event is free to attend but we would ask guests to register at <https://www.tickettailor.com/events/bcca/718033#>